

PMEX UPDATE

| SELL | |
|--------------------|---------------------|
| | CRUDE10-MA26 |
| 62.35 | -0.78% |
| Expiry | 19/Feb/26 |
| Remaining | 6 Days |
| Entry | 62.92 - 62.87 |
| Stoploss | 63.30 |
| Take Profit | 62.16 - 61.76 |

| SELL | |
|--------------------|--------------------|
| | NGAS1K-FE26 |
| 3.1730 | -1.37% |
| Expiry | 24/Feb/26 |
| Remaining | 11 Days |
| Entry | 3.206 - 3.191 |
| Stoploss | 3.30 |
| Take Profit | 3.126 - 3.08 |

| SELL | |
|--------------------|-------------------|
| | GO10Z-AP26 |
| 4,985.51 | 0.75% |
| Expiry | 27/Mar/26 |
| Remaining | 42 Days |
| Entry | 5040 - 5030 |
| Stoploss | 5069.94 |
| Take Profit | 5002 - 4970 |

| SELL | |
|--------------------|------------------|
| | SL10-MA26 |
| 77.22 | 2.03% |
| Expiry | 25/Feb/26 |
| Remaining | 12 Days |
| Entry | 80.51 - 79.46 |
| Stoploss | 82.58 |
| Take Profit | 76.51 - 74.86 |

| SELL | |
|--------------------|-----------------------|
| | PLATINUM5-AP26 |
| 2,014.80 | -0.34% |
| Expiry | 27/Mar/26 |
| Remaining | 42 Days |
| Entry | 1990 - 1980 |
| Stoploss | 2019.83 |
| Take Profit | 1945 - 1913 |

| SELL | |
|--------------------|--------------------|
| | COPPER-MA26 |
| 5.7305 | -0.95% |
| Expiry | 25/Feb/26 |
| Remaining | 12 Days |
| Entry | 5.7631 - 5.7441 |
| Stoploss | 5.83 |
| Take Profit | 5.6992 - 5.6326 |

| BUY | |
|--------------------|---------------------|
| | ICOTTON-MA26 |
| 62.08 | -0.34% |
| Expiry | 19/Feb/26 |
| Remaining | 6 Days |
| Entry | 62.3 - 62.35 |
| Stoploss | 62.18 |
| Take Profit | 62.46 - 62.66 |

| SELL | |
|--------------------|----------------|
| | DJ-MA26 |
| 49,406 | -0.24% |
| Expiry | 19/Mar/26 |
| Remaining | 34 Days |
| Entry | 49664 - 49584 |
| Stoploss | 49774.71 |
| Take Profit | 49476 - 49327 |

| SELL | |
|--------------------|-------------------|
| | SP500-MA26 |
| 6,836 | -0.22% |
| Expiry | 19/Mar/26 |
| Remaining | 34 Days |
| Entry | 6846 - 6838 |
| Stoploss | 6861.62 |
| Take Profit | 6801 - 6777 |

| SELL | |
|--------------------|---------------------|
| | NSDQ100-MA26 |
| 24,710 | -0.24% |
| Expiry | 19/Mar/26 |
| Remaining | 34 Days |
| Entry | 24873 - 24811 |
| Stoploss | 24950.10 |
| Take Profit | 24628 - 24489 |

| SELL | |
|--------------------|------------------------|
| | GOLDUSDJPY-MA26 |
| 153.27 | 0.33% |
| Expiry | 25/Feb/26 |
| Remaining | 12 Days |
| Entry | 153.61 - 153.51 |
| Stoploss | 153.91 |
| Take Profit | 152.93 - 152.79 |

| SELL | |
|--------------------|------------------------|
| | GOLDEURUSD-MA26 |
| 1.1862 | -0.08% |
| Expiry | 25/Feb/26 |
| Remaining | 12 Days |
| Entry | 1.1884 - 1.1876 |
| Stoploss | 1.190 |
| Take Profit | 1.1863 - 1.1847 |

Major Headlines

Oil prices set for another weekly decline as Iran risks recede

Oil prices edged higher on Friday but were on track for a second weekly decline as concerns receded over the risks of a U.S.-Iran conflict that could affect supply. Brent crude futures gained 27 cents, or 0.4%, to \$67.79 a barrel by 1110 GMT after falling 2.7% in the previous session. U.S. West Texas Intermediate (WTI) crude rose 21 cents, or 0.3%, to \$63.05 after a 2.8% decline the previous day. Both benchmarks were poised to register weekly declines, with Brent and WTI [see more...](#)

Gold bounces after hefty losses; Iran tensions, CPI data in focus

Gold prices rose Friday, bouncing after losses in the previous session, with focus turning to rising tensions in the Middle East and upcoming U.S. inflation data for more cues. At 04:25 ET (09:25 GMT), Spot gold rose 1.1% to \$4,977.33 an ounce and gold futures for April rose 1% to \$4,996.35/oz. Spot prices tumbled over 3% in the prior session. Spot silver rose 4% to \$78.703/oz, after wiping out some 10% in the prior session [see more...](#)

US stocks futures edge higher as data eases economic worries

U.S. stock index futures edged higher on Thursday as stronger jobs growth and a fall in unemployment rate eased concerns over the economy, while markets awaited inflation data and corporate earnings. Traders dialed back bets on interest-rate cuts following the data. At least one cut is still expected in June, but chances of the central bank holding rates steady have risen to almost 40% from 24.8%, according to CME Group's FedWatch tool. [see more...](#)

USD/JPY Price Forecast: Approaches 200-day EMA as bears retain control below 153.00

The USD/JPY pair sticks to its bearish bias for the fourth straight day on Thursday and trades just below the 153.00 mark during the Asian session, close to a two-week low set the previous day. Moreover, the fundamental backdrop and the broader technical setup support the case for an extension of the weekly downtrend triggered by Japanese Prime Minister Sanae Takaichi's landslide election victory. Investors now seem hopeful that Takaichi could be more fiscally responsible [see more...](#)

EUR/USD picks up from lows as US Dollar's rebound loses momentum

The Euro (EUR) shows marginal gains against the US Dollar (USD) on Thursday, trading at 1.1880 at the time of writing, up from Wednesday's lows at 1.1833. The pair is trimming previous losses amid a moderate risk appetite and with the positive impact of the strong US Nonfarm Payrolls (NFP) report on the USD fading. January's delayed US NFP report showed a 130K increase in net employment [see more...](#)

US Dollar Index hovers around 97.00 ahead of CPI data

The US Dollar Index (DXY), which measures the value of the US Dollar (USD) against six major currencies, remains in the positive territory for the third successive session and is trading near 97.00 during the Asian hours on Friday. Investors are now focused on the January Consumer Price Index (CPI) report from the United States. Headline inflation is forecast to ease to 2.5% from 2.7%, while core inflation is expected to slow to 2.5% from 2.6%. A softer print could give the Federal Reserve room to resume rate cuts after holding steady at its first meeting [see more...](#)

Economic Calendar

| Event | Date | Time | Currency | Importance | Actual | Forecast | Previous |
|--|-----------|---------|----------|-----------------|--------|----------|----------|
| U.S. Consumer Price Index (CPI) MoM (MoM) (Jan) | 13/2/2026 | 6:30 PM | USD | High volatility | | 0.30% | 0.30% |
| U.S. Consumer Price Index (CPI) YoY (YoY) (Jan) | 13/2/2026 | 6:30 PM | USD | High volatility | | 2.50% | 2.70% |
| U.S. Core Consumer Price Index (CPI) MoM (MoM) (Jan) | 13/2/2026 | 6:30 PM | USD | High volatility | | 0.30% | 0.20% |

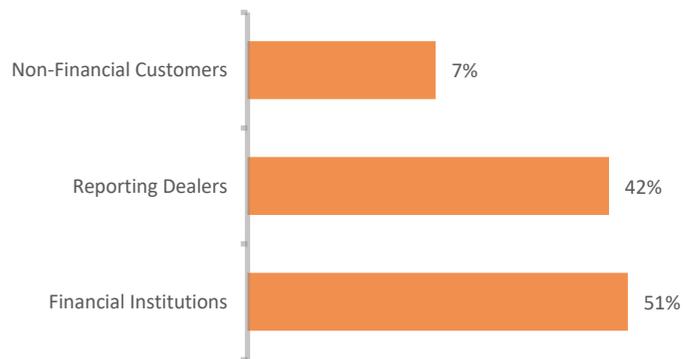
FOREX MARKETS' STATISTICS

Forex Market Hours

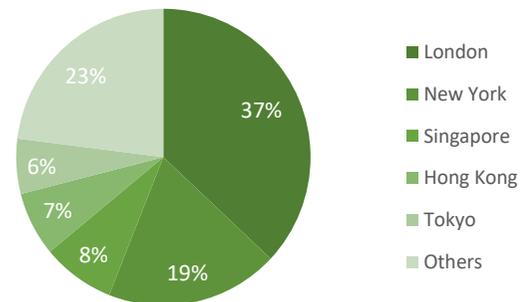


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

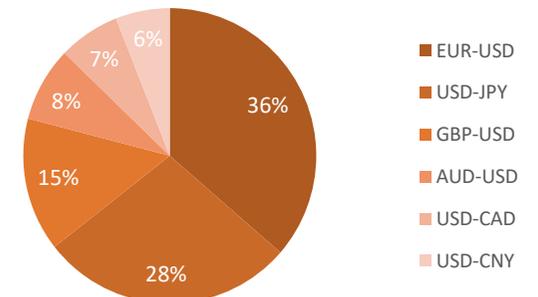
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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